

EXECUTIVE COACHING ENGAGEMENT

Goals and Outcomes

When this coachee's organization offered her Executive Coaching from The Center for Leadership Studies, she embraced the opportunity to self-improve and grow professionally. From detailed profiles, she selected an Executive Coach whose experience, knowledge and interests resonated with her own and began an engagement of 10, 1-hour sessions convening monthly.

With curiosity and a desire to excel, the coachee's overall focus was creating better relationships with direct reports. Through discussion and an EQ 360° assessment that revealed development areas in social responsibility and emotional self-awareness, the Executive Coach tailored the experience to the coachee's goals while providing the appropriate amount of direction and support needed. Together they articulated a threefold coaching focus and developed intentional actions to address them by creating a storyboard and action plan.

The coachee credits the experience with improving her cohesion with the department and functional areas and expanding her communication strategy. The sessions have given her the tools, awareness and resolve to maximize her influence at all levels of the organization and better understand others.

Finding the engagement a worthwhile endeavor with far-reaching value, the coachee stated, "I really love that we were able to build this relationship, and I was fully able to understand my role and responsibilities." The coachee's biggest takeaway from the experience is recognition that she can be a stronger leader that can help achieve the business' goals. "I definitely recommend executive coaching, and I think it is a resource that can help add a more intentional and effective approach."

Position/Title:

Senior Director

Industry Vertical(s):

Imaging Solutions

Coaching Focus

- Develop and maintain effective relationships with direct reports
- Increase self-confidence in role
- Build robust business acumen